

# EL AVISO

April - May 2008

## Medicaid Outreach and Other services!

*Las Clinicas offers services to all individuals in different areas. We offer Medicaid Enrollment Applications and Recertification's for families at all 3 clinic sites.*

*You don't have to go to your local ISD office and wait long periods of time. Don't think you qualify for Medicaid? Ask about other programs that are available to you.*

**New Mexico State Coverage Insurance (SCI)** *For Adults 19-64 years of age and Low-Income adults who work but can't afford health insurance or employer doesn't offer insurance.*

**Premium Assistance For Kids (PAK)** – *For children whose family Income is above \$49,800 for a typical family of four, and don't qualify for Medicaid.. There is no income Limit.*

**Premium Assistance For Maternity (PAM)** – *For Pregnant women whose Income is above \$49,800 for a typical family of four and don't qualify for Medicaid.*

*We also have State Income Tax Assistance, Energy Assistance Applications, Food Stamp Applications, Disability Referrals, Hearing Aid Referrals, and Medicare Part D.*

*For more Information or any questions you may have, please contact: **Regina Martinez or Mary Chavez at 581-4728***

**Childhood obesity** rates have tripled in the past 30 years and continue to rise, especially among Latinos. How can this trend be stopped?

Salud America! The National Latino Childhood Obesity Prevention Research Network, directed by the [Institute for Health Promotion Research at The University of Texas](#)



[Health Science Center at San Antonio](#) and funded by a five-year, \$5.2-million grant from the Robert Wood Johnson Foundation, is geared to fight this epidemic with plans to unite and increase the number of Latino scientists engaged in research on Latino childhood obesity and seek environmental, behavioral and policy solutions to the epidemic.

Salud America! is recruiting members for its research network and will survey members and draft a Latino childhood obesity national research agenda. The network also will fund and support several pilot research projects, each up to \$75,000 over two years, and a series of scientific conferences to further the network's research agenda.

"More than 15 percent of Latinos under age 19 are obese, heightening their risk of heart disease, cancer and other chronic disease. Many factors, from genetics to poor diet to low family income and no health insurance, contribute to the problem," said [Amelie G. Ramirez, Dr.P.H.](#), the network's principal investigator and director of the Institute for Health Promotion Research. "We hope Salud America! leads to changes that end Latino childhood obesity.

[Join the research network](#) of Salud America! and receive newsletters and alerts to get the most up-to-date news about Latino childhood obesity, research and grant opportunities.

For More Information: To learn more about the leadership of Salud America!, visit the [Institute for Health Promotion Research at The University of Texas Health Science Center at San Antonio](#). To learn more about U.S. childhood obesity and RWJF's approach to addressing the epidemic, visit the [childhood obesity area](#) of the RWJF Web site.

LAS CLINICAS DEL NORTE: A Community Health Center, Established in 1972

Serving the communities of Abiquiu, Ancones, Barranco, Cañon, Carson, Chili, Cañones, Cañon Plaza, Duranes, El Llanito, El Pueblo, El Rito, Gallegos, Gavilan, Ghost Ranch, La Cueva, La Madera, La Mesa, La Zorro, Las Casitas, Las Tablas, Los Pinos, Medanales, No Agua, Ojo Caliente, Olguin, Petaca, Placitas, Plaza Blanca, Rio Chama, San Miguel, Servilleta, Servilleta Plaza, Silvestres, Tierra Azul, Tres Orejas, Tres Piedras, Tusas, Vallecitos, Youngsville

## **ANNOUNCEMENTS**

### ***Good Bye and Welcome***

**Claudia Duran, RN**, who was the Charge Nurse at the El Rito clinic resigned. Good Luck Claudia.

**Jessica Martinez, RN**, has been hired to replace Claudia Duran at the El Rito Clinic.

**Karen Martinez**, Medical Assistant, has been hired as floater to fill in at all sites. **Regina Martinez** has been hired as Medicaid Eligibility Outreach Worker. Welcome to all.

## ***El Rito Health Fair***

***May 2, 2008***

***12 -5pm at Las Clinicas del Norte  
SR 571, Bldg 28, El Rito***

***Booths, Food, and Lots of Fun!!!  
Forest Service/***

***See Smokey Bear at 2:30 PM***

***Game & Fish—Gun/Hunting Safety***

***El Rito Fire Department/***

***EMS Helicopter @ 1PM***

***Sheriffs/State Police***

***School Base Health***

***NNMCC Hospice Face painting***

***Las Clinicas' CPR demo, DM, CCS,  
Dental, and Medicaid applications.***

***Lots of things to do and learn about.***

***SEE YOU THERE!!!***

***Also Raffles and Incentives given  
away. Don't Miss Out!!!!***

***Sponsored By: Lowes, Rosita Mtz, Big Dawgs,  
Dairy Queen, Wendys, Luna Community  
College, Matt's Windows & Glass; in El Rito,  
El Farolito, Walter's Place, Martin's Store.***

**NOTE:** We will plan to close each of the clinics for 1/2 day for the health fair.

**Abiquiu Health Fair** is scheduled in June 12th.

## **Community Events**

**Contact: Joan Tollefson 1-505-323-1519/ 581-4728 x255/ email: joan@lcdn.org**

For Health Advise when we are closed, call Nurse Advise New Mexico 877-725-2552 open 24 hours.

**El Rito**

**Las Clinicas del Norte Board Meeting** - every 4th Monday, 6 pm, El Rito clinic Community Room

**El Rito Library** - Tues, Wed, Thurs, 10 am – 6 pm, Sat, 11 am – 5 pm

**El Rito Library Board Mtgs.** - every 2<sup>nd</sup> Wednesday, 6:30 pm at Library

**AA Meetings El Rito** - Tues & Thurs, 6:30-7:30 pm, and

Sun, 5:00-6:00 pm, both at El Rito Library. Open discussion.

**El Rito Fire Dept. Mtgs.** - every 2<sup>nd</sup> Wednesday, 7 pm, at the El Rito Fire Station, open to the public

**Tutoring** - El Rito Save the Children Ctr, contact # 581-4516

**Recycling** - CLOSED: monthly recycling behind Martin's Store.

**NEW LOCATION:** Daily Recycling Station at the old El Rito Dump. Look for flyer or call for information, Joseph Lewandski of North Central Solid Waste 747-8459.

**Abiquiu**

**Abiquiu Fire Dept. Mtg.** - every 2<sup>nd</sup> Thursday, 7:30 pm, Fire Dept.

**AA Meeting** - Saturday, 10am, Abiquiu Library

**Al-Anon Mtg.**— Every Mon. 5:30-6:30, Abiquiu Clinic rear bldg. For info call Jean 685-4490

**Abiquiu Library** - Mon, Tues, Wed, Thurs, 12:00 pm – 6 pm and Sunday, 9 am - 12 noon, located on the Plaza

**Recycling** - CLOSED: monthly recycling at Abiquiu clinic.

**NEW LOCATION:** Tues. - Sat. 8am to 4 m. Garbage & Recycling at the new El Prado Convenience Station at the Rural Events Center. Look for flyer or call for information, Joseph Lewandski of North Central Solid Waste 747-8459.

**Ojo Caliente**

**Ojo Caliente Fire Dept. Mtg.** - every 1<sup>st</sup> Wednesday, 7 pm, Ojo

**Luciente, Inc.**, is pleased to announce that it has been awarded \$35,212 for fiscal year 2008 by the New Mexico Youth Conservation Corps.

During a ten week summer program, this award will support the development of work and life skills of eight local youth, ages sixteen to twenty-five, who will complete forest restoration and beautification within the El Rito Ranger District, Carson National Forest.

Participating youth will earn a salary and at the completion of the program will receive a \$1,000 AmeriCorps.

Recruitment for this program will begin in April 2008. All interested youth are encouraged to write to Luciente, Inc., POB 607, Abiquiu, NM 87510 for more information.

Luciente's mission is to foster the arts, education and economic development in the Highway 84 corridor from Rio Chama northwest to Ghost Ranch, north along NM 554 to El Rito and west along NM 96 to Gallina.

## **EL RITO LIBRARY**

### **New Library Board Members**

The El Rito Public Library would like to welcome new board members to the El Rito Library Board of Directors. They are: **Barbara Berger, Art Burton, Gary Griffin, Patricia Griffin, Jim Harford, and Barbara Turner.** We now have fourteen active board members. Welcome Everyone!

### **Annual Community Clean-up Day**

The seventh annual clean-up day is scheduled for **Saturday, May 10, 2--8, starting at 9 am to 12 Noon.** Picnic immediately following the clean up at the El Rito Library grounds. Bring gloves. Trash bags will be provided.

### **Summer Reading Program**

We will again be having the Summer Reading Program. The theme this year is **"Catch the Reading Bug!"** We are working on fliers to get this information out. We will also be sending fliers to the elementary students in El Rito and Ojo Caliente. Parents, please get your children involved. The program is free and lots of fun.

### **EL RITO LIBRARY HOURS**

581-4608

Tuesday, Wednesday, Thursday  
10 am - 6 pm,  
Saturday 11 am - 5 pm

## **PUEBLO DE ABIQUIU LIBRARY AND CULTURAL CENTER**

505 685 4884

We are proud to announce that New Mexico State Library has awarded Pueblo de Abiquiu Library and Cultural Center a **Technology Showcase Grant** which will match funding for our digital archive project that includes information accessible in our Genealogy Database Center. Special thanks to **John Ussary** for his vision. John will be the Program Manager for the grant. ▶▶

Cont'd - ABIQUIU LIBRARY

**Attention Graduating Seniors!** Don't forget to stop by and fill out our simple scholarship application that will fund two grants of approximately \$350 each for college books. Anybody wishing to contribute to the fund, which is administered by the Merced land grant and the Library, can do so in the Library anytime.

**Los Alamos Heart Council** has donated books for a second year in a row to Pueblo de Abiquiu Library and Cultural Center for public information. This year's DVD is on the Annual Community Seminar of Feb. 12, 2008: "Heart Healthy." Learn the values for Diabetes and Heart Disease Prevention. Presented by Paula Devitt, RN, CDE.

### **Tri-State, Generation and Transmission**

**Association, Inc.** has awarded Pueblo de Abiquiu Library and Cultural Center a donation which will be helpful in meeting general operating expenses. Local representative, **Johnny Jaramillo**, is a friend of this library who assists in the strategy of local needs and awareness.

**Citizenship Test Study Guide:** This October 2008 the Citizenship Test will change. While it is now a simple test with only about 10 questions, another 20 or more will be added. A study guide is available at the library.

**Pilot program for ESL and GED:** Northern NM College and our library would like to start a pilot program for ESL and GED. Lorenzo Gonzales can sign people in once we have at least 6 students for each program for orientation. Marie War will then offer basic bilingual computer classes in the library. The Internet will be used to access software such as *Engles sin Barreras* with an NNMC password. If you know anyone needing assistance in this please make sure they call in soon.

### **New Mexico Kids Child Care Resource & Referral:**

Come by the library and pick up brochures in both English and Spanish, Funded by the state of New Mexico Children, Youth, & Families Department, Office of Child Development.

**Many Thanks:** To all who read and sponsored readers, cooked delicious food, and came to the Padre Martinez Benefit and fabulous Potluck Dinner, **Gracias a todos!**

For further information about our programs, please contact Librarian Sandi Martinez, 505 685 4884 or [abiquiupl@gmail.com](mailto:abiquiupl@gmail.com).

**New Abiquiu Library Spring hours reminder:**  
Sunday - Thursday, 1-7 PM!

# Las Clinicas del Norte

**EL RITO CLINIC**  
PO Box 237, El Rito 87530  
**Phone: 581-4728**  
**1-800-869-7624**

**OJO CALIENTE CLINIC**  
PO Box 307, Ojo Caliente 87549  
**Phone: 583-2191**  
**1-866-665-6832**

**ABIQUIU CLINIC**  
PO Box 757, Abiquiu 87510  
**Phone: 685-4479**  
**1-866-578-1662**

**MEDICAL:**

MON thru FRI 8 am- 6:30pm  
Confidential Family Planning Title X Services available

**COUNSELING: 581-4728, # 232**

Call to schedule, Monday thru Friday  
Spanish speaking on Friday

**DENTAL SERVICES:** Same Hrs.

**MEDICAL:**

TUES thru FRI 8 am- 6:30 pm  
Confidential Family Planning Title X Services available

**COUNSELING: 583-2191**

Call to schedule, Monday thru Thursday  
Spanish speaking on Tuesday thru Thursday

**NO DENTAL SERVICES**

**MEDICAL:**

MON thru FRI 8 am- 6:30 pm  
Confidential Family Planning Title X Services available

**COUNSELING: 685-4479**

Call to schedule, Wednesday & Friday

**NO DENTAL SERVICES**

## LCDN BOARD OF DIRECTORS

President, Gary Salazar; Vice-President, Marcos Garcia; Treasurer, J. Curt Hoffman; Secretary, Pauline Varoz. Members, Tony Chacon, Erma Crim, Trudy Drake, George Flores, Gilbert Ferran, Lillian Gallegos, Peter Hansen. Honorary Member, Jeremias Archuleta

## DONATIONS – will be listed for one year

### Las Clinicas would like to thank the following 2007 and 2008 contributors

- \$ 100 and under— John Picaro (9/07),
- \$ 200 - Wimett Revocable Trust Thomas or Genevieve Wimett (2/08)
- \$ 500 - The New York Community Trust James Talcott Fund (1/08),
- \$ 500 - Andy R. Lopez (1/08),
- \$ 500 - Helen Hunt (2/08)
- \$ 500 - Ann Norton (12/07)
- \$ 1,000 - Sam R. & Isabel E. Jewell, Abiquiu (11/07)
- \$ 1,200 - Dr. Anthony David Garcia (4/08)
- \$ 3,293 - Dr. El Trujillo (1/08)

## Las Clinicas del Norte, Inc.

D/B/A Las Clinicas del Norte  
PO Box 237  
El Rito, NM 87530

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**BOXHOLDER**



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