

TABLE OF CONTENTS

Table of Contents

Approval Sheet

Introduction

Title X Family Planning Program Priorities (cloud paper)

Abbreviations

Section 1. Family Planning Program: General Protocols.....	Sec. 1 - Pg. 1
1.1 Clinic Facilities	Sec. 1 - Pg. 2
1.2 Limited English Proficiency	Sec. 1 - Pg. 3
1.3 Confidentiality	Sec. 1 - Pg. 3
1.4 Counseling.....	Sec. 1 - Pg. 3
1.5 Patient Education/Information.....	Sec. 1 - Pg. 7
1.51 Educational Material/Supplies.....	Sec. 1 - Pg. 7
1.52 Family Planning Classes/Instruction.....	Sec. 1 - Pg. 8
1.53 HIV Infection	Sec. 1 - Pg. 8
1.6 Clinic Services	Sec. 1 - Pg. 10
1.61 Pregnancy Test Visit	Sec. 1 - Pg. 11
1.62 New Patient - Initial Visit	Sec. 1 - Pg. 17
Male exams	Sec. 1 - Pg. 18
Female exams	Sec. 1 - Pg. 19
1.63 Established Patient - Annual Visit.....	Sec. 1 - Pg. 20
1.64 Established Patient - Revisit.....	Sec. 1 - Pg. 21
1.65 Problem Visit	Sec. 1 - Pg. 22
1.66 Pre-pregnancy Visit for Clients Using Contraceptives	Sec. 1 - Pg. 22
1.67 Other Visits	Sec. 1 - Pg. 23
1.68 Family Planning Services in STD Clinic.....	Sec. 1- Pg. 23
1.7 The Transfer Patient.....	Sec 1 - Pg.24
1.8 Referral Services	Sec. 1 - Pg. 24
1.9 Emergency Services.....	Sec. 1 - Pg. 25

Section 2. Contraceptive Methods	Sec. 2 – Pg. 1
2.1 How to be Reasonably Sure a Woman is Not Pregnant.....	Sec. 2 – Pg. 2
2.2 Abstinence.....	Sec. 2 – Pg. 3
2.3 Condoms, Female.....	Sec. 2 – Pg. 5
2.4 Condoms, Male And Contraceptive Spermicide.....	Sec. 2 – Pg. 8
2.5 Depo-Provera or DMPA.....	Sec. 2 – Pg. 16
2.6 Diaphragm.....	Sec. 2 – Pg. 26
2.7 Emergency Contraceptive Pills (ECP).....	Sec. 2 – Pg. 33
2.8 Intrauterine Device: IUDs.....	Sec. 2 – Pg. 43
2.9 Natural Methods.....	Sec. 2 – Pg. 57
2.10 Oral Contraception.....	Sec. 2 – Pg. 62
2.11 Patch, Ortho Evra.....	Sec. 2 – Pg. 73
2.12 Quickstart.....	Sec. 2 – Pg. 80
2.13 Sterilization.....	Sec. 2 – Pg. 85
Section 3. Formulary List for Family Planning	Sec. 3 - Pg. 1
Pharmacy.....	Sec. 3 - Pg. 2
Over the Counter Drugs/Supplies.....	Sec. 3- Pg. 3
Section 4. Family Planning Laboratory	Sec. 4 - Pg. 1
4.1 Laboratory Tests - Routine.....	Sec. 4 - Pg. 2
4.2 Laboratory Tests - Special.....	Sec. 4 - Pg. 2
4.3 Laboratory Results.....	Sec. 4 - Pg. 3
4.4 Laboratory Methodology/Procedure.....	Sec. 4 - Pg. 4
A. Chlamydia.....	Sec. 4 - Pg. 4
B. Gonorrhea.....	Sec. 4 - Pg. 4
C. Blood Glucose.....	Sec. 4 - Pg. 4
D. Pap Smears.....	Sec. 4 - Pg. 5
4.5 The Abnormal Pap Smear.....	Sec. 4 - Pg. 6
The Referral Form.....	Sec. 4 - Pg. 12

4.6 Evaluation and Management of Nipple Discharge..... Sec. 4 - Pg. 12
 Client Acknowledgment of Abnormal Medical Condition.....Sec. 4 - Pg. 14
 4.7 Vaginitis: Differential Diagnosis Table.....Sec. 4 Pg. 15

Section 5. Family Planning Needs of Special Populations.....Sec. 5- Pg. 1

5.1 Adolescents and Family Planning.....Sec. 5 - Pg. 2
 5.2 Serving Unemancipated Minor Clients.....Sec. 5 - Pg. 3
 Parental/Family Involvement Form.....Sec. 5 - Pg. 4
 Article 8 - Family Planning Act.....Sec. 5 – Pg . 5
 5.3 Adolescents and Coercion.....Sec. 5 - Pg. 7
 5.4 Child Abuse ReportingSec. 5 - Pg. 10
 5.5 Method Considerations for Teens.Sec. 5 - Pg. 11
 5.6 Post Partum Clients and FP.....Sec. 5 - Pg. 14
 5.7 Breastfeeding and FPSec. 5 - Pg. 15
 5.8 InfertilitySec. 5 - Pg. 18
 5.9 Well Women Health Concerns.....Sec. 5 - Pg. 19
 5.91 Services for Women Over Age 35.....Sec. 5 - Pg. 19
 5.92 Breast ConcernsSec. 5 - Pg. 19
 5.93 Premenstrual Syndrome.....Sec. 5 - Pg. 21
 5.94 Nutritional Needs of WomenSec. 5 - Pg. 21
 5.95 Perineal Hygiene and UTI's.....Sec. 5 - Pg. 23
 5.96 OsteoporosisSec. 5 - Pg. 24
 5.97 Menopause and Estrogen.....Sec. 5 - Pg. 25
 5.98 Weight Management.....Sec. 5 - Pg. 30
 5.10 The Disabled Client.....Sec. 5 - Pg. 31

Section 6. Empty.....
Section 7. Empty
Section 8. Empty

APPENDICES

- Appendix A - Recommendations for Medical Emergencies
- Appendix B - Fee Collection Protocol
- Appendix C - Program Guidelines for Project Grants for Family Planning Services
- Appendix D - Pamphlet Order Form, Approved Resources, Location of References
- Appendix E - Staff Orientation Resource
- Appendix F - Medicaid Application English/Spanish
- Appendix G - Referral List Providers: Prenatal Care, Adoption, Abortion, Tubal Ligation, Vasectomy, Infertility, All Options Clergy Counseling
- Appendix H - Provider Agreement Guidelines
Provider Agreement Sites
- Appendix I - Contractor List
- Appendix J - Sample Emergency Plan
- Appendix K - PHS Region VI Evaluation Tool, Audit Schedule, Community Outreach Planning Guidelines
- Appendix L - Family Planning Staff Roles and Responsibilities
- Appendix M - Empty
- Appendix N - Birth Control Pills and Equivalents
- Appendix O - Calendar of Required Reports & Education and Outreach Data Form
- Appendix P - Body-Mass Index (BMI) for various weights and heights
- Appendix Q - Mexican OCPs and their U.S. Equivalents