

Family Planning Program Pamphlet Order Form

	<u># requested</u>	
<u>Teens</u>		Abstinence: Think About It/Pienselo
		Sexual Responsibility Talking with your teen
		Birth Control Talking with your parents
		Birth Control Choices
		Opciones en la Control de la Natalidad
		Sexual Pressure: A survival guide for guys
		Presión Sexual: Guía de Supervivencia para los hombres jóvenes
		Becoming an Askable Parent
<u>Women/Men</u>		Birth Control Facts
		Los Métodos de Control de la Natalidad
		Pregnancy Facts
		El Embarazo
		Vaginitis
		Vaginitis-Spanish
		Your Pelvic Exam
		El Examen Pélvico
		The Abnormal Pap
		Male Self-Exam
		El Examen Genital Masculino
		STD Facts-Sexually Transmitted Disease
<u>STDs</u>		ETS-Las enfermedades transmitidas sexualment
		Chlamydia: Reduce Your Risk
		Clamidia: Reduzca el Riesgo de Contagio
		Condoms think about it
		HIV, STDs and Oral Sex
		El VIH, las ETS y el Sexo Oral
		ECPs
		Domestic Violence: Getting Out
<u>VAST</u>		Violencia Doméstica Cómo Irse
		Before You Date An Older Guy
		Antes de Salir con Alguien Mayor que Tu
		Date Rape: Ten things you can do to protect yourself
<u>Posters</u>		Violación entre conocidos: 10 cosas que puedes hacer para protergerte
		101 Ways to Make Love Without Doing It
		101 maneras de amarnos sin tener sexo
		101 maneras de decir NO al sexo

Date:

Contact person:

Telephone #:

Agency name:

Shipping address:

The following is a list of Department of Health/Public Health Division/STD Prevention Program District Staff from whom small quantities of STD pamphlets that Family Planning does NOT carry can be received:

Region 1 & 3 +T:

Stanford Health Office
P.O. Box 25846
1111 Stanford Dr., NE
Albuquerque, NM 87125

Dolores Smith, Acting Disease Prevention Supervisor @ 841-4164

Region 2:

Santa Fe County Health Office
605 Letrado, Suite D
Santa Fe, NM 87501

Bob Parkins, Health Program Manager @ 476-2687

Region 4:

District Office
2909 West Second Street
Roswell, NM 88201

Bea Levy, Health Program Manager @ 347-2409 ext. 6216

Region 5:

Dona Ana County Health Office
1170 N. Solano
Las Cruces, NM 88001

Valerie Fisher, Disease Prevention Supervisor @ 528-5097

Office of Population Affairs Clearinghouse
P.O. Box 30686
Bethesda, MD 20824-0686
Phone: (866) 640-7827
Fax: (866) 592-3299
E-mail: clearinghouse@dhhsopa.net
Website: <http://opa.osophs.dhhs.gov>

PUBLICATION ORDER FORM

QUANTITY PUBLICATION TITLE

ABSTINENCE

_____	(FP-100001)	OPA Clearinghouse Publications List/Order Form (5)
_____	(FP-100002)	OPA Clearinghouse Brochure (5)
_____	(TMP-10011)	OPA Logo Packet (1)
_____	(TMP-10009)	The Surgeon General's Priorities Brochure (10)
_____	(FP-110002)	Teen Talk, Volume I: Many Teen s Are Saying No (1,000)
_____	(FP-110058)	Muchos Jovnes Estan Diciendo que No (1,000)
_____	(FP-110003)	If You Think Saying No Is Tough (1,000)
_____	(FP-110006)	Si Te Parece Dificul Decir "No", Espera (1,000)
_____	(FP-110004)	You Didn't Get Pregnant, You Didn't Get AIDS...(1,000)
_____	(FP-110007)	No Estas Embarazada. No Te Has Contagiado....(1,000)
_____	(FP-110005)	How to Be a Better Lover (1,000)
_____	(FP-110008)	Como Hacer Feliz A Tu Novio o Novia (1,000)

CONTRACEPTION

_____	(FP-110056)	Your Contraceptive Choices: For Now, For Later (200)
_____	(FP-110057)	Tus Opciones Anticonceptivas (200)
_____	(FP-100057)	Teen Talk, Volume III: Contraception (1,000)
_____	(FP-100062)	Lo Que Debes Saber Sobre: La Anticoncepcion (1,000)
_____	(FP-100060)	What You Should Know About: Abstinence (1,000)
_____	(FP-100063)	Lo Que Debes Saber Sobre: La Abstinencia (1,000)
_____	(FP-100061)	What You Should Know About: Depo-Provera (1,000)
_____	(FP-100064)	Lo Que Debes Saber Sobre: Depo-Provera (1,000)
_____	(FP-100059)	What You Should Know About: The Male Condom (1,000)
_____	(FP-100065)	Lo Que Debes Saber Sobre: El Condon Masculino (1,000)
_____	(FP-100058)	What You Should Know About: The Pill (1,000)
_____	(FP-100066)	Lo Que Debes Saber Sobre: The Pill (1,000)
_____	(TMP-10001)	Emergency Contraceptive Packet (3)

ADOPTION

_____	(FP-110000)	The Adoption Option, Guidebook for Pregnancy
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STERILIZATION

_____	(FP-100045)	Sterilization Consent Form (English) (1,000)
_____	(FP-100011)	Sterilization Consent Form (Spanish version) (1,000)
_____	(FP-100016)	Sterilization Consent Form Expiration Extension (5)
_____	(FP-100014)	Information for Men – Your Sterilization Operation (500)
_____	(FP-100012)	Informacion para el Hombre sobre la Esterilizacion (500)
_____	(FP-100015)	Information for Women – Your Sterilization Operation
_____	(FP-100013)	Informacion para la Mujer sobre la Esterilizacion (500)

GENERAL REPRODUCTIVE HEALTH CARE

- _____ (FP-110068) What is a Pap Smear? (1,000)
- _____ (FP-110085) Que La Prueba Pap? (1,000)
- _____ (FP-110069) Do I Have Cancer of the Cervix? (1,000)
- _____ (FP-110086) Tengo Cancer del Cuello del Utero? (1,000)
- _____ (FP-110075) Pregnant? Drugs and Alcohol Can Hurt Your....(50)
- _____ (FP-110074) Embarazada? Tomar Drogas o Alcohol Puede Dana (50)
- _____ (TMP-10007) Urinary Tract Infections (1,000)
- _____ (TMP-10008) Infeccion Urinaria: Una Guia Para La Mujer (1,000)

SEXUALLY TRANSMITTED DISEASES

- _____ (FP-110009) Teen Talk, Volume II: Commonly Asked Questions
- _____ (FP-110010) Solo Para Jovenes: Preguntas Comunes Sobre.....
- _____ (FP-110049) Chlamydia: Reduce Your Risk (200)
- _____ (FP-110050) Clamidia- Reduzca el riesgo de contagio (200)
- _____ (FP-110060) Sexually Transmitted Diseases/Infections Resource (1)
- _____ (TMP-10003) Women and HIV (1,000)
- _____ (TMP-10018) Women and HIV – Could I Have HIV? (200)

TITLE A AND TITLE XX PROGRAMS AND INFORMATION

- _____ (FP-110037) Family Planning Grantees Directory (1)
- _____ (FP-110040) Title X National Family Planning Program Fact Sheet (5)
- _____ (FP-110081) Title X Grantees Family Planning Annual Report (1)
- _____ (FP-110020) Adolescent Family Life Current Curricula List (1)
- _____ (FP-110087) AFL Curricula Developed and/or Tested (1)
- _____ (FP-110041) Title XX Fact Sheet
- _____ (FP-110059) AFL Demonstration Program: Summary Book (1)
- _____ (TMP-10089) Program Guidelines for Project Grants for FP Services (1)
- _____ (TMP-10019) Healthy People 2010 – Reproductive Health (1)
- _____ (TMP-10010) Male Involvement Projects Prevention Services (1)
- _____ (TMP-10024) 2002 National Directory: A Resource Guide to Male Reproductive Health Programs

MAILING INFORMATION (Please print or Type)

DATE: _____ Do you receive Title X Funds? Yes _____ No _____
 Do you receive Title XX Funds? Yes _____ No _____

Name: _____

Title/Position: _____

Organization: _____

Street: _____

Apt./Suite: _____

City/State/Zip: _____

Telephone: _____

E-mail: _____

VIDEOS

When borrowing videos, please remember to return them at the specified time. There are often others waiting to borrow the more popular titles. The maximum amount of time that a video can be borrowed is two (2) weeks unless other arrangements have been made.

**Remember, when returning our videos . . .
the videos must be returned through UPS and insured for \$350.00**

For Clients:

CHANGE THE CONVERSATION DC Campaign to Prevent Teen Pregnancy (6 minutes) (2001)

A short, fast-paced music video that features current, local teen pregnancy statistics and the voices of DC teens. The teens express the message that adolescent boys and girls want and need to feel they are valued members of the community.

CHLAMYDIA *Milner Fenwick* (9 minutes)

This tape covers information on prevention as well as treatment of the "silent STD".

Reviews possible symptoms in both sexes and explains that, if untreated, chlamydia can cause PID, scarring of the fallopian tubes, and infertility. Emphasizes that patients should take all medications as prescribed and not have sex until the infection is gone. Suggests use of a condom and spermicide as a preventive measure.

CHOOSING A BIRTH CONTROL METHOD (English and Spanish) *Association of Reproductive Health Professionals* (15 minutes) (1993)

An overview of the five, major, reversible contraceptive methods. It is designed to help patients play an informed role in selecting a method of contraception.

CIRCLE OF LIFE: WELLNESS AND SEXUALITY *Planned Parenthood of Oklahoma* (11 minutes)

This award winning video, geared to Native American teens but appropriate for all groups, explores the issues of teen relationships, pregnancy and AIDS. It follows the story of a teenage couple who meet at a powwow. The young woman, Tomah, then faces the pain of that relationship ending and the possible consequences of having been sexually active. In this context, the video helps audiences personalize HIV transmission, teen pregnancy and HIV prevention, the challenges of teen parenthood and the importance of good decision-making in relationships.

COLPOSCOPY: ABNORMAL PAP SMEAR *Milner Fenwick* (8 minutes)

Discusses the meaning of an abnormal pap smear. Explains that abnormalities may be caused by inflammation, infection, or the Human Papilloma Virus, and may not necessarily mean pre-cancerous cell changes. Shows how physician uses colposcope to closely examine the cervix and to take a biopsy, if necessary. Reassures patient that discomfort is no greater than experienced with a pap smear exam.

CONSIDERING CONDOMS *NEA-HIN* (15 minutes) (1992)

Intended for use as part of a larger, comprehensive sexuality education program. Designed to provide students with the knowledge, attitudes and skills necessary for discussing and negotiating either sexual abstinence or consistent and proper use of latex condoms. Discusses how to properly use a latex condom as part of responsible sexual behavior for those teens who are or will be sexually active.

CONSIDERING YOUR OPTIONS (NEA-HIN) (23 minutes) (1998)

Information on abstinence and contraceptive choices for teenagers. This fast-paced video combines animated segments where "Alex" goes on-line to learn more about his contraceptive options, with real teens discussing their choices and concerns about sexual activity and various birth control methods. The video covers the following methods of contraception: abstinence, condoms, birth control pills, depo-provera and norplant, emergency contraception and big myths.

CONTRACEPTIVE CHOICES (English and Spanish) *Milner Fenwick* (18 minutes)

This tape covers the full range of birth control methods currently available, including contraceptive implants. Rates each method on general effectiveness: fair 80-89%, good 90-98%. Provides user instructions and the benefits, risks, and side effects of each method. Also covers surgical sterilization methods.

DATING VIOLENCE *Intermedia* (25 minutes)

Examines the problem of sexual and physical violence in teen relationships and offers solutions and skills to deal with teen dating violence.

EMERGENCY CONTRACEPTION (English and Spanish) *ETR Associates* (9 minutes) (1999)

Covers 3 important messages: Emergency contraception can reduce your risk of pregnancy after intercourse, you have 72 hours to use it, ask your health care provide for information.

ENDOMETRIOSIS *Milner Fenwick* (14 minutes)

Explains how endometriosis develops and what treatment options are available. Reviews typical symptoms plus the association of endometriosis with infertility. Hormonal therapy options are outlined, as are the common side effects of these drugs. Presents surgical options, including hysterectomy.

ESCAPE THE ABUSE *Intermedia* (20 minutes)

A practical "how to" guide about "leaving smart". This program further examines the problem of domestic violence and offers guidance and support for women wishing to make different choices in their lives. Shows the necessity of a carefully developed support network, including relatives and police officers.

EVERYTHING YOU WANTED TO KNOW ABOUT PUBERTY FOR BOYS *Disney Educational Productions* (16 minutes)

Two boys on the verge of puberty embark on an impromptu quest to discover what's happening to them and why. An older brother and a reliable book help them satisfy their curiosity and sort out the answers. This live-action program uses plot twists, wholesome humor, credible information, and simple animation to deal with the sensitive issues of physical, sexual, and emotional development.

EVERYTHING YOU WANTED TO KNOW ABOUT PUBERTY FOR GIRLS *Disney Educational Productions* (13 minutes)

Two girls on the verge of puberty embark on an impromptu quest to discover what's happening to them and why. An older sister and a reliable book help them satisfy their curiosity and sort out the answers. This live-action program uses plot twists, wholesome humor, credible information, and simple animation to deal with the sensitive issues of physical, sexual, and emotional development.

FATHERS TOO SOON *The National Campaign to Prevent Teen Pregnancy* (15 minutes) (2002)

The National Campaign has developed two three-part educational videos based on a series originally created and aired on the Channel One Network. The videos, "Mothers Too Soon" and "Fathers Too Soon" explore the lives of several teen parents. Each video provides a first-hand look at how a teen pregnancy impacts the lives of these teens, their children and families. The National Campaign provides a discussion guide created for each video to help program leaders, teachers, parents and young people explore in greater depth the issues raised in the videos.

FENCES *KNME TV*

This video explores teen sexuality through short skits and candid interviews with teens.

A FOCUS ON PREVENTION of Fetal Alcohol Syndrome *Blackwater Productions* (20 minutes) (1997)

Through candid interviews with experts, and parents of Fetal Alcohol Syndrome (F.A.S.) this program presents the facts and offers advice on the prevention of F.A.S. and Fetal Alcohol Effects (F.A.E.). The importance of abstaining from any kind of alcohol when pregnant is stressed, and viewers learn that help is available for mothers struggling with alcoholism.

GYNECOLOGICAL EXAMINATION (English and Spanish) *Milner Fenwick* (9 minutes)

Relieves patient anxiety by showing young women what to expect during their first GYN exam. Reviews questions that the doctor is likely to ask in obtaining a detailed medical history and shows the pelvic exam, pap smear, and breast exam. Also provides an overview of how the female reproductive system functions including an explanation of menarche and the menstrual cycle.

HEART ON A CHAIN: The Truth About Date Violence *Advance American Communications* (15 minutes) (1993)

Addresses the issue of teenage date violence by speaking directly to young abusers and victims. This dramatically staged story demonstrates the behaviors of teenagers Miguel, Matt and Paul, as each relate to a dating partner, while the host provides statistics on date violence.

HIV/AIDS & AFRICAN AMERICANS *National Minority AIDS Council* (12 minutes)

Presents statistics from late 90's on how HIV/AIDS has disproportionately affected African Americans. Discusses how HIV is transmitted, definitions and diagnosis.

HIV AND PREGNANCY: "A TEST IN TIME" (English and Spanish) *UNM Health Sciences Center* (25 minutes)

Discusses HIV and transmission. Interviews people living with AIDS, some of who have passed HIV on to their children. Also interviews medical staff at UNM Health Sciences Center.

THE HIV TEST *Milner Fenwick* (27 minutes)

Should you be tested for HIV? How do you choose a testing site? Provides viewers with a common-sense approach to the often-complex issues surrounding HIV and testing.

HOPE IS NOT A METHOD, V (English and Spanish) *Planned Parenthood* (19 minutes) (2002)

Designed to give women and men a brief overview of all the methods of contraception available in the U.S. at this time. The setting is a family planning clinic with two couples and a women talking to counselors about birth control methods. Includes 11 methods of birth control and is designed for viewers Grade 9 to Adult.

HOSTAGES AT HOME: A VIDEO ABOUT DOMESTIC VIOLENCE *Intermedia* (52 minutes)

Domestic Violence affects everyone, every ethnic and economic group, in every neighborhood, workplace and place of worship across the country. Each year a growing number of families experience the devastating effects of domestic violence. It is a severe problem of immense proportions.

HYSTERECTOMY *Milner Fenwick* (13 minutes)

This program helps the viewer understand what she'll experience by following a patient through surgery and during recovery. Reinforces medical/legal documentation by reviewing surgical risks in great detail. Covers possible removal of one or both fallopian tubes and ovaries. Dispels myths about sexuality and hysterectomy.

IF YOU LOVE ME, SHOW ME *Family of the Americas Foundation* (35 minutes)

This enjoyable cartoon tells the story about two teenagers as they struggle with sexuality. How do they know they're really in love? How do they show it? What about sex?

IMAGINE: THE REAL COSTS OF TEEN PREGNANCY *The National Campaign to Prevent Teen Pregnancy* (5 minutes) (2000)

Teens themselves describe - movingly and compassionately - the challenges of being a teen parent. The video intersperses their compelling stories with sobering statistics on the consequences of teen pregnancy. The Imagine video, which is suitable for adults and teens alike, is perfect for providing an overview of the teen pregnancy problem to an audience who may be unfamiliar with the topic (for instance, state legislators or a school board). Although more emotional than analytic, the video is also an excellent motivational tool for those already working on the issue.

INFERTILITY IN WOMEN *Milner Fenwick* (11 minutes)

Reassures the patient that many cases of infertility can be treated. Outlines the possible tests including basal body temperature monitoring, Sims-Huhner test, HSG, endometrial biopsy, and diagnostic laparoscopy. Discusses surgery to remove adhesions, tubal blockage, or endometrial tissue. Suggests that the patient consider in vitro fertilization, artificial insemination, or adoption if conventional treatment is unsuccessful.

LIFE IN THE FAST LANE (English and Spanish) *Idaho Public Television* (18 minutes)

The video shows teens as they compare the cost of buying a car to the costs of raising a baby. It dispels the myths about welfare for teen parents. The video also shows teen parents telling their own stories.

LISTENUP! TEENS TALK ABOUT SEX AND BABIES *NM Department of Health/NM Human Services Department New Mexico Outreach*

LOVE AND FERTILITY (English and Spanish) *Family of the Americas Foundation* (1989)

Describes the new scientifically proven method, researched by Dr. John Billings, based on the simple recognition of natural signs of fertility that appear for a few days during the woman's menstrual cycle. By keeping accurate records, a woman can now confidently identify the fertile and infertile phases of her cycle. Women with long or irregular cycles, breast-feeding mothers, and even those going through pre-menopause or after discontinuing artificial methods of family planning may use the Ovulation Method safely and effectively.

MAN TO MAN *NM Department of Health/NM Human Services Department* (30 minutes)

A documentary about manhood in New Mexico, centering around role models. The New Mexico men presented help redefine for young teens and others the words "Courage," "Strength," "Respect," "Sex," "Work," and "Love." It is appropriate for use by schools, agencies, youth groups, and families.

MENOPAUSE *Milner Fenwick* (15 minutes)

Provides patients with an overview of what to expect physically and emotionally during menopause. Explains how the drop in estrogen causes changes throughout the body. Shows women how they can minimize the adverse effects of menopause and lead a more healthy life.

A MILLION TEENAGERS (English and Spanish) *Churchill Media* (25 minutes)

Explains the physiology of STDs (nine sexually transmitted diseases), their transmission, symptoms, treatment and dangers. The film is designed for grades 8-12 and includes discussion questions.

MOTHERS TOO SOON *The National Campaign to Prevent Teen Pregnancy* (15 minutes) (2002)

The National Campaign has developed two three-part educational videos based on a series originally created and aired on the Channel One Network. The videos, "Mothers Too Soon" and "Fathers Too Soon" explore the lives of several teen parents. Each video provides a first-hand look at how a teen pregnancy impacts the lives of these teens, their children and families. The National Campaign provides a discussion guide created for each video to help program leaders, teachers, parents and young people explore in greater depth the issues raised in the videos.

THE NORPLANT SYSTEM OF CONTRACEPTION: LEARNING THE FACTS *Wyeth-Ayerst Labs* (17 minutes) Patient Education

NOW WE'RE TALKIN' *Planned Parenthood of New York City* (15 minutes)

American teenagers are bombarded with conflicting messages about their sexuality, which hinders their ability to make sound decisions about their sexual health. Produced by Planned Parenthood of New York City, this video helps to stimulate thought and discussion about teenage sexuality. Discusses such issues as peer pressure, self-esteem, teen pregnancy, birth control and sexual responsibility.

ORAL CONTRACEPTION IN THE TRANSITION YEARS *Parke Davis* (20 minutes)

Women in their transition years often experience uncertainty concerning the need for contraception as they approach menopause. This video addresses this uncertainty by dealing with issues specific to the perimenopausal woman, including the use of oral contraceptives.

PARAGARD: PATIENT EDUCATION VIDEO *Gynopharma*

Discusses the IUD with a client and what to expect at a clinic.

REALITY FEMALE CONDOM (Female Health Company) (12 minutes)

Women talk about using the Reality female condom and discuss insertion techniques.

SPEAK EC: WHAT EVERY WOMAN NEEDS TO KNOW ABOUT EMERGENCY CONTRACEPTION
EqualShot Productions (11 minutes) (2000)

This video, produced to help educate women about emergency contraception, contains compelling interviews with women who have taken EC and catchy public service announcements. It is an important advocacy piece about a very important reproductive health option for women.

START OVER, STARTING NOW: 40 ASSETS *Search Institute* (8 minutes) (1998)

A motivational video introducing research by the Search Institute about the 40 developmental assets. It shows how anyone and everyone can help young people: increase their success in school; have healthier lifestyles; and be more involved in positive activities like volunteering in their communities.

START OVER, STARTING NOW: CREATING HEALTHY COMMUNITIES FOR KIDS *Search Institute* (8 minutes) (1998)

A video presenting the Search Institute's vision for developmental assets and rebuilding communities where young people can thrive and grow up healthy and successful.

STOP ASAP: AVOIDING SUBSTANCE ABUSE DURING PREGNANCY *United Media* (12 minutes) (1994)

This video program educates women on the importance of abstaining from drugs, alcohol, cigarettes, and excessive caffeine throughout their pregnancy. Special effects and animation are used to help viewers understand how a developing fetus is affected by substance abuse. Positive lifestyle choices for the mother-to-be are suggested, and an interview with a young woman shows how she and her young son have suffered the consequences of her substance abuse.

TAKE CHARGE: RESISTING SEXUAL PRESSURE *Human Relations Media* (29 minutes) (1998)

Young people need help sorting out all the conflicting messages about sexuality. The first step is to help them determine what they want for their future. They need to examine what they believe a relationship should be, and sort out their own feelings about sexuality. Finally, and perhaps most importantly, they need to learn to resist sexual pressures. This video helps educators get this important message across to young people today, when the landscape of sexuality is fraught with dangers such as sexually transmitted infections, AIDS, teen parenthood and the devastating decision to terminate an unwanted pregnancy. (Includes Teacher's Guide and Student Worksheets)

TAKING CARE OF BUSINESS: CONTRACEPTION BASICS FOR TEENS *Intermedia* (25 minutes)

Focuses extensively on the various types of protection available to sexuality active couples, from female condoms to emergency contraception. Emphasizes that the effectiveness of each contraception method correlates to how well it is used. This video will arm adolescents with the tools and motivation that will help them make appropriate choices.

TALKING ABOUT SEX--A GUIDE FOR FAMILIES *Planned Parenthood* (30 minutes) (1996)

This animated video is the ideal springboard for family discussions around puberty, sexuality, and relationships. You'll view different families discussing sex and sexuality and focusing on some of the feelings, questions, and concerns families can face when speaking about these things, particularly for the first time. Designed for families with kids ages 10-14.

TEEN CONTRACEPTION *Intermedia* (14 minutes)

Produced by Milner-Fenwick, the “patient education people”, this video is a powerful and motivating video presented by teens in an appealing, non-judgmental fashion. This program dispels common myths about contraception and describes the full range of contraception options available to today’s teens, including abstinence.

TEEN PREGNANCIES? THE ROLE OF THE OLDER GUY *Intermedia* (25 minutes)

Today in the United States, the majority of teen pregnancies are fathered by adult men. This program alerts student to the risks that embody a relationship with an ‘older partner’ including STDs and pregnancy. The video models ways for teens to leave or avoid situations where an older guy is involved.

TEENS & SEX IN EUROPE: A STORY OF RIGHTS, RESPECT & RESPONSIBILITY *Advocates for Youth* (16 minutes) (2000)

Advocates for Youth and the University of North Carolina at Charlotte sponsor study tours to European countries to explore the reasons behind these nations’ much lower rates of teenage pregnancy, birth and sexually transmitted diseases. This video provides a fascinating glimpse into the sexual health attitudes of Dutch, German and French teens and their parents and into the attitudes of government officials, educators and health care providers. European and U.S. teens speak their minds about protecting themselves within sexual relationships. All of this is against a backdrop of funny, frank media clips drawn from larger multimedia campaigns to reduce HIV infections and unintended pregnancy.

TOUGH ROADS: TEEN PARENTS TELL THEIR STORIES *Human Relations Media* (29 minutes) (1997)

This video features the powerful, honest testimonials of young parents who speak candidly about what having a child as a teenager has cost them. These true stories challenge viewers to question any fantasies they may have about being a parent, and face squarely how difficult and utterly “unromantic” teen parenthood really is. (Comes with a Teacher’s Guide and Student Worksheets)

UTERINE FIBROIDS: WHAT YOU SHOULD KNOW *Milner Fenwick series* (10 minutes)

Answers many questions patients have about this common condition. Explains what fibroids are, how they are diagnosed, and what symptoms may occur. Describes the treatment options for symptomatic fibroids, including hysterectomy, the various types of myomectomy, and the use of GnRH agonists. Weighs the pros and cons of treatment, noting that not every method is appropriate in every situation.

VAGINITIS AND ABNORMAL GYNECOLOGICAL DISCHARGES *Milner Fenwick series* (8 minutes)

This tape contains information about gynecological discharges which originate in the vagina, uterus, fallopian tubes, ovaries, or cervix. Discusses the possible causes of each and the usual treatment. Explains how women often experience discharge when taking antibiotics and that this is caused by a result in a yeast imbalance.

VASECTOMY (English & Spanish) *United Learning* (15 minutes)

Describes the procedures involved with a vasectomy and brings out the questions most men have regarding this procedure.

VOLUNTARY TUBAL STERILIZATION (English & Spanish) *United Learning* (14 minutes)

Describes how tubal sterilization prevents conception; explains laparoscopic and ligation methods; dispels fear of early aging, loss of sexuality, and psychological changes.

WHAT DO YOU SAY? TALKING ABOUT PROTECTION *Intermedia* (25 minutes)

Focuses on the importance of communication between partners. Emphasizes that the responsibility for protection lies with each individual. By modeling positive behaviors and presenting the resulting successful outcomes, “What Do You Say” equips students with both the tools and the motivations necessary to feel comfortable about personal limits and the awareness to enter safe sexual relations only when ready.

WHAT GUYS WANT *Polymorph Films* (16 minutes)

WORLD POPULATION A graphic simulation of the history of human population growth. *Zero Population Growth* (8 minutes) (2000)

World Population provides a dramatic overview of the history of global population growth. As a discussion tool, it can serve as a starting point for a closer examination of human population dynamics and their environmental and social impacts.

YOUR BABY'S FIRST YEAR-NURTURING YOUR NEWBORN. VOL.1. *Morning Glory Press* (15.51 minutes) (2002)

Teens talking to teens, sharing techniques for loving care. Video includes; bonding with the baby, feeding him, breastfeeding, comfortable levels for parents & infant, diaper rash, and playing with the infant.

YOUR BABY'S FIRST YEAR-SHE'S MUCH MORE ACTIVE. VOL.2. *Morning Glory Press* (13.42 minutes) (2002)

Teens talking to teens. Video includes developmental changes, starting solid food, reading & talking to the baby, childproofing, and teething.

YOUR BABY'S FIRST YEAR-Leaving Baby Stage Behind. VOL.3. *Morning Glory Press* (15.31 minutes) (2002)

Video includes; teens talking to teens regarding coping with infant crawling, stranger anxiety, routines, choosing toys, and exploration.

YOUR BABY'S FIRST YEAR-Keeping Your Baby Healthy. VOL.4. *Morning Glory Press* (12.19 minutes) (2002)

Video includes; teens talking to teens about immunization schedule, allergies, ear infections, sickness, diarrhea and constipation, and healthcare providers.

For Clinicians and Nurses:

AMERICAN CANCER SOCIETY: CLINICAL BREAST EXAM (10 minutes)

Walks a clinician through a clinical breast examination and shows examples of various types of cancer and what to look for during an examination.

CDC REVISED GUIDELINES FOR HIV COUNSELING, TESTING, AND REFERRAL (2 hrs) 11/15/01

CERVICAL CYTOLOGY – Satellite Training (2 hrs.)

CHLAMYDIA TELECONFERENCE (2hrs.)

CLINIC MANAGEMENT (DHHS, Region VI)

CONTRACEPTIVE CHOICES: WHAT YOUR CLIENTS NEED TO KNOW (Center for Health Training)

Provides professional staff with the basic information needed to educate clients about all of their contraceptive options.

CONTRACEPTIVE METHODS PRESENTATION RESOURCES (note: books, which include pages for overhead copying...these are not videos)

DMPA: A NEW CONTRACEPTIVE OPTION (18 minutes) Clinical education

Practical information for clinicians, reviews Depo-Provera's pharmacokinetics, efficacy, safety, appropriate patient populations for use, side effects, administration, and medical management considerations.

DMPA: PATIENT COUNSELING AND CLINICAL STAFF PROCEDURES

DR. HALVERSON'S TUBAL LIGATION (English and Spanish)

A clear presentation of the issues faced when considering tubal ligation. Includes questions and answers.

EMERGENCY CONTRACEPTION-Satellite Training (2 hrs.)

FAMILY HEALTH INTERNATIONAL-CONTRACEPTIVE TECHNOLOGY UPDATE SERIES:

- oral contraceptives
- reproductive health of young adults: contraception, pregnancy and STDs
- injectables
- lactational amenorrhea method (LAM)
- postpartum contraception
- intrauterine devices (IUDs)
- barrier methods
- emergency contraception
- sterilization-male and female

FATHERS MATTER-Satellite Training (2 hrs.)

GYNOPHARMA PARAGARD (INTRAUTERINE COPPER CONTRACEPTIVE) MODEL 380A: PATIENT COUNSELING AND IUD INSERTION TECHNIQUE

HEALTHY TEEN DEVELOPMENT (2 hrs) National Satellite Downlink 10/17/02
Families, Communities, Decision Making, Sexuality

HPV – ASSOCIATED DISEASES – Satellite Training (2 hrs)

INFERTILITY: A FOCUS ON STRATEGIES FOR THE PREVENTION AND TREATMENT OF CHLAMYDIA

LEGAL ISSUES IN FAMILY PLANNING-Satellite Training (2 hrs.)

NATIONAL CAMPAIGN TO PREVENT TEEN PREGNANCY (2 Hrs) 11/19/02 Webcast DVD

THE NORPLANT SYSTEM: PATIENT MANAGEMENT AND REMOVAL TECHNIQUES

PAGE 2: SPECIMEN COLLECTION PROCEDURES

POSITIVE APPROACHES TO TEEN PREGNANCY PREVENTION (2 Hrs) 4/4/01

REACHING TEENS: THE ESSENTIALS OF OUTREACH (Center for Health Training)

SEXUAL COERCION AMONG ADOLESCENTS Training

This 1-day training titled, "Preventing Sexual Coercion Among Adolescents: Training for Title X Providers" examines: definitions of sexual coercion and sexual abuse; Federal Title X grant requirements on coercion counseling and family participation; appropriate counseling techniques to help adolescents resist sexual coercion and to encourage family participation; and mandatory reporting laws, application and documentation.

SEXUALLY TRANSMITTED DISEASES TREATMENT GUIDELINES UPDATE (1 Hr) CDC 12/4/02

STD VIDEO LECTURE TAPE/SERIES - SPONSORED BY CDC

This is a technical series to update the Nurse or Clinician not recommended for patient education. Following are the available titles:

- Cervicitis and Vaginitis
- Cultural Sensitivity
- Genital HPV Infections
- Gonorrhea
- HIV Antibody Testing and Counseling
- Patient Counseling and Partner Notification
- Pelvic Inflammatory Disease
- Pharmacology of Drugs Used in the Mgmt. of STD Infect
- Physical Exam of the Male Patient for STDs
- STDs in Sexual Assault and Abuse
- Substance Abuse and STDs
- Urethritis in Men

STDs IN THE FAMILY PLANNING SETTING-Satellite Training (3 hrs.)

STRATEGIES FOR SUBSTANCE ABUSE PREVENTION TAPE 1 (32 minutes), TAPE 2 (27 minutes)
1992 Center for Health training video produced for health care professionals.

TEEN PREGNANCY PREVENTION TELECONFERENCE SERIES – SPONSORED BY DHHS

The teleconference is presented in accordance with the national strategy to prevent out-of-wedlock teen pregnancies. It focuses on Building Community Partnerships: Allies, Assets and Action.

Following are the available videotapes:

- Tape 1: Sarah S. Brown – Preventing Teen Pregnancy: Any New Ideas?
- Tape 2: Clifton Taulbert – Building Society One Person at a Time. Covers the ongoing role of adults as integral participants in building a good society for our children.
- Tape 3: Clay Roberts – Taking Prevention to the Next Level: Asset Development.
- Tape 4: Cathy L. Melvin – Teen Pregnancy: Where Are We?
- Tape 5: Michele Ozumba – Panel: What Works – Model Programs. Nurturing Assets, Producing Achievements and Building Accomplishments Among Our Youth.
- Tape 5 (con't): Jerry Tello – From Maleness to Manhood: Helping Young Men Cross the Bridge
- Tape 6: Rebecca Brookes – Let Your Audience Be Your Guide: Developing Effective Messages

TEEN SEXUALITY AND THE ROLE OF COMMUNICATION AND DECISION MAKING (21/2 Hrs)

National Satellite Downlink 10/24/03

V.A.S.T. Training - 1999

This 2 day training discusses the "V" -Violence prevention. New Mexico Coalition Against Domestic Violence Caryl Trotter lectures on the importance of screening, identifying and referring clients using the V.A.S.T. protocol.

V.A.S.T. Training – 2000

This is a 2-Day training. Day 1 addresses the issue of interpersonal violence. Day 2 addresses the identification and management of chemical abuse. Caryl Trotter presents Day 1. Ray Anderson, Cindy Peterson and John Baca present material for Day 2.

WHY IS NEISSERIA GONORRHEA STILL A PROBLEM? (1 Hr)

An update on the treatment and diagnosis of GC. CDC, Cincinnati STD/HIV Training Center 2/5/03

For Staff (in general):

AMERICA RESPONDS TO AIDS (I & II)

Public Service Announcements from the Feds

COMMUNICATING WITH CUSTOMERS (17 minutes)

Even the most well-intentioned customer service programs can fail if you - the person on your organization's front line - don't communicate well with your customer. The few minutes viewing this video will provide dozens of tips that will help your organization develop a superior customer service program.

COMMUNICATING WITH PEOPLE ON THE JOB (15 minutes)

Make everyone in your organization an effective communicator with this video. You will find dozens of communication tips and techniques to help employees become more efficient.

EVERYONE'S CUSTOMER-SERVICE ROLE (13 minutes)

Every employee, even those not on the organizations front line serves as an important link in the customer service chain. This video demonstrates how the actions of every team member can strengthen, or break the chain vital to customer service success.

GET MORE DONE IN LESS TIME (12 minutes)

Discover the four steps you can take to make time work for you. You will learn the latest time management tips that increase efficiency on and off the job.

GETTING COOPERATION: TEAM BUILDING THAT WORKS (17 minutes)

This video looks at the major causes of teamwork failure and ways to overcome them. Learn ways to help team members work together, despite individual differences, to build a cooperative environment.

GETTING THE MOST OUT OF YOUR MEETINGS (15 minutes)

Every meeting should be a cradle for ideas, plans and open, honest communication. This video will help viewers sharpen the skills needed to call, prepare for, and conduct good meetings.

GUIDE TO HEALTHY LIVING: INFORMATION FOR A WINNING LIFESTYLE (30 minutes)

Raises your awareness of the health risks facing African-Americans today.

HOW TO RESOLVE CONFLICT ON THE JOB (16 minutes)

Everyone wants to avoid conflict on the job. But when people work together, disagreements sometimes occur. This video demonstrates how you can manage conflict to help you and your co-workers achieve your goals.

LISTENING: THE KEY TO PRODUCTIVITY (17 minutes)

This idea-packed video will help you and other employees increase productivity, work smarter and profit through better listening techniques.

MAKE PRESENTATIONS WORK FOR YOU (12 minutes)

This powerful video offers specific techniques and tactics to turn "stage panic" into a persuasive and effective "stage presence". It offers dozens of tried and true tactics to help you deliver your message with confidence, enthusiasm, and clarity.

SOLVING PEOPLE-PROBLEMS ON THE JOB (15 minutes)

Research shows that one of every five people in the workplace can be difficult to deal with at times. This video identifies the most troublesome personality types and how to handle them, tactfully and effectively.

TELEPHONE COURTESY PAYS (10 minutes)

This video is for front office staff who are interacting with clients over the phone.

CURRICULA

Curriculum and other resources may be borrowed for a maximum of six (6) weeks. The curriculum can be returned through the regular postal system. Please return items on time so that others may use them.

BECOMING A RESPONSIBLE TEEN: An HIV Risk Reduction Program For Adolescents

ETR Associates (1998)

Specifically designed for use in non-school settings in the community, B.A.R.T. presents accurate, useful information about HIV and AIDS. It involves teen participants in building the skills they need to clarify their own values about sexual activity and make decisions that will help them avoid the risk of becoming infected with HIV.

CHANGING SCENES A Curriculum of the Teen Outreach Program (TOP)

The Cornerstone Consulting Group, Inc. (2003)

A curriculum designed to support the classroom based component of TOP. TOP is a nationally replicated youth development approach aimed at preventing primary teen pregnancy and helping young people make consistent progress in school. The program components are community service, classroom based activities and service learning.

DISCIPLINE FROM BIRTH TO THREE

Morning Glory Press (2002)

A fourteen-module school or community-based curriculum that is designed to help teen parents prevent and deal with discipline problems with babies and toddlers. Includes: Teacher's Guide; Student activity sheets, and a guidebook for teens.

DRAW THE LINE RESPECT THE LINE: Setting Limits to Prevent HIV, STD and Pregnancy

University of California, San Francisco Center for AIDS Prevention Studies and ETR Associates (2003)

A comprehensive, research-evaluated curriculum that promotes abstinence by providing students in grades 6, 7 and 8 with the knowledge and skills to prevent HIV, other STD and pregnancy. Using a fun, interactive approach, students learn how to set personal limits and meet challenges to those limits.

HUMAN SEXUALITY: VALUES AND CHOICES

Search Institute (1991)

A teacher's manual and a parent guide, with fifteen lessons focusing on sexuality, values, decision-making, puberty, emotions, pregnancy & birth, abuse, and planning for the future. Grades 7 & 8.

MAKING A DIFFERENCE: An Abstinence Approach To HIV/STDs And Teen Pregnancy Prevention

University of Pennsylvania (2002)

For ages 11-13 attending middle schools and youth-serving community based programs. An eight-module curriculum that advocates postponing sexual activity and emphasizes that abstinence is the only way to completely eliminate the risks for STDs, HIV, and pregnancy. Includes playing games, brainstorming, role-playing, engaging in skill-building exercises, and small group discussions.

MAKING PROUD CHOICES! A Safer-Sex Approach To HIV/STDs And Teen Pregnancy Prevention

University of Pennsylvania (2002)

For ages 11-13 attending middle schools and youth-serving community based programs; especially effective with sexually experienced adolescents. An eight-module curriculum designed to empower adolescents to change their behavior in ways that will reduce their risk of becoming infected with HIV, other STDs, and significantly decrease their chances of being involved in unintended pregnancies. Includes playing games, brainstorming, role-playing, engaging in skill-building exercises, and small group discussions.

NURTURING YOUR NEWBORN: YOUNG PARENT'S GUIDE TO BABY'S FIRST MONTH

Morning Glory Press (2002)

Designed specifically for teenage parents, this curriculum is intended to provide teaching information for baby's first month, including feeding, keeping the baby comfortable, healthy, and safe, dad's role, and beginning life with your new born. Includes; two teacher's guide, student activity sheets, video, and two guidebooks for teens "Your Baby's First Year" and "Nurturing Your Newborn".

REDUCING THE RISK: Building Skills To Prevent Pregnancy, STD And HIV 3rd Edition

ETR Associates (1996)

Focuses on the practice of communication skills to prevent pregnancy and the transmission of STD. Includes role-play activities to help teens apply their skills in real-life situations and background information, step-by-step procedures, suggestions for parents and a student workbook. High school.

SAFER CHOICES: Preventing HIV, Other STD And Pregnancy

ETR Associates (1998)

A multi component intervention that focuses on school wide change and the influence of the total school environment on student behavior. Designed to have a positive influence on adolescents' decisions regarding sex and help them feel supported in making the safest choices.

STARS: STUDENTS TALKING ABOUT RESPONSIBLE SEXUALITY

Planned Parenthood of Maryland (1991)

Twenty sessions consisting of two major components: group sessions and personal information sessions. Teen STARS' process goals are: to provide a forum for teens to talk in groups and individually with a sexuality educator about personal concerns; and to create a positive peer support group which will carry on after the formal program has ended. High school.

STRAIGHT TALK: A GUIDE TO SEXUALITY IN THE 90s

Planned Parenthood of Oklahoma (1992)

Designed to increase family communication about sexuality by providing an opportunity for parents and children to get together and talk about sexuality. For parents and their children aged 9-12. Includes: Teacher's Guide; Student activity sheets; and a video of teens talking about relevant topics.

TEEN ADVOCATE PROJECT MANUAL

Planned Parenthood of Nassau County, New York (1989)

A training manual for educators, health professionals, social workers-any professionals-in any agency or school who wish to implement a Teen Advocate/Peer Educator program with a focus on sexuality, puberty, values, decisions, communication, contraception, STDs, and more.

TEEN DADS RIGHTS, RESPONSIBILITIES, AND JOYS

Morning Glory Press (2002)

A comprehensive curriculum focused for teen fathers who want to be an integral part of the birth and development of their child. This curriculum also focuses on the rights, responsibilities, and joys of being a father. It is a guide for developing daily or weekly class sessions covering a total of 16 chapters. Includes: Teacher's Guide, Student activity sheets, and a teen guidebook.

TEEN TALK: An Adolescent Pregnancy Prevention Program

Program Archive on Sexuality, Health and Adolescence (1998)

A collaborative school- and community health centers-based sex and contraception education intervention intended to reduce adolescent pregnancy. A 12-15 hour program consisting of two large group lectures and four small group sessions. Participation in the program was especially beneficial to males.

THE CHALLENGE OF TODDLERS: FOR TEEN PARENTS PARENTING YOUR CHILD FROM ONE TO THREE

Morning Glory Press (2002)

A comprehensive curriculum for teen parents that helps them learn the art and skills of parenting infants and toddlers. These 14 chapters include; independence, playing, health & safety, partnership challenge, Sleep, and the future of the parents & their toddler. Includes: Teacher's Guide, Student activity sheets, and a teen guidebook.

WHEN I'M GROWN: Life Planning Education for Grades K-2, Grades 3&4, Grades 5&6, and Grades 7-12

The Center for Population Options (1995)

A Youth Development Program consisting of 14 chapters, each with experiential activities. The program integrates two major tasks of adolescents: preparing for the world of work and dealing with sexual and reproductive development, feelings and behaviors.

WISE GUYS: Male Responsibility Curriculum

Family Life Council of Greater Greensboro (2004)

A curriculum designed to prevent adolescent pregnancy by teaching young males self-responsibility in several areas, primarily in the area of sexual development. Topics include: masculinity, communication, relationships, dating violence, fatherhood, values, goal-setting, decision-making, sexuality, sexually transmitted infections, contraception and abstinence

YOUR PREGANANCY AND NEWBORN JOURNEY

Morning Glory Press (1998)

A teaching manual for educators and teachers in a school-based or community setting focusing on the comprehensive special needs for teen pregnancy and parenting skills. This curriculum implements the "GRADS Competencies." Includes: Teacher's Guide; Student activity sheets, and a guidebook for teens.

Family Planning Program Video Libraries

Consider showing a video on a topic of interest at your next staff meeting. You can even choose part of one of the longer videos for a meeting.

Video Library Contact People:

- **Region 1:** Dolores Parra in Gallup at 722-4391
- **Region 2:** Cassandra Duran in Santa Fe at 476-2671
- **Region 3:** Fran A'Hern Smith in the Stanford Office at 841-4100
- **Region 4:** Paula Miller in Roswell at 347-2409, ext 6229
- **Region 5:** JoAnn Torres in Las Cruces at 528-5090
Benita Cook in Silver City at 538-5318

The videos available from the District libraries include:

1. **Sexual Violence Prevention: Building Leadership and Commitment to Underserved Communities** - 2 Hrs - 4/3/03 Satellite Downlink
2. **Managing the Abnormal Pap Smear** – 1&1/2 Hrs – 4/8/03 Satellite Downlink (There are folders with information –viewers can copy the material if they wish.)
3. **Rapid Testing for HIV** – 2 Hrs – 4/24/03 Satellite Downlink (The handout can be copied by anyone who wants to keep it.)
4. **STD-Related Infertility** – 1 Hr – 3/6/02 - Carolyn Westhoff's Presentation at the 2002 National STD Conference
5. **9th Annual Summer Public Health Research Institute Videoconference on Minority Health** – 5 3-Hr tapes – 6/9-13/03
6. **Cross Cultural Communication in Healthcare: Building Organizational Capacity** – 2&1/2 Hrs – 6/4/03 Satellite Downlink – Basics of organizing to serve clients with limited English proficiency.
7. **HIV: The Impact on Women** –1 Hr- 7/19/03 Satellite Downlink
8. **The Economic Impact of Teenage Childbearing in New Mexico** 1 Hr, 25 Min – 10/28/03, Runnels Auditorium – Handout can be copied.
9. **STD, HIV, AIDS, Hepatitis Update** - Tape 1: 3 Hrs, 30 Min, Tape 2: 4 Hrs – 10/24/03, Las Cruces
10. **Sexually Transmitted Diseases and the HIV Connection** – 3 Hrs, 10/21/03 Satellite Downlink
11. **2003 Family Planning Conference** – Tape 1: 6 Hrs, Tape 2: 6 Hrs, 4/30-5/1/03, Albuquerque – Materials can be copied.
12. **The Change in New Mexico Chlamydia Epidemiology** – 2 Hrs, 5/19/04
13. **Lactation and Contraception** – 2 Hrs, 10/6/04, Alabama DOH – Materials can be copied.
14. **Visual Exam of the Vulva, Vagina, and Cervix** – 2 Hrs, 10/7/04, Dr. Alan Waxman, UNM, Materials can be copied
15. **Reference Materials for New Family Planning Providers:**
 - **Web Based Information on Birth Control, HIV, and STDs** Handout – the Center for Health Training, Austin, TX
 - **Patient Education on Condom Use** Handout - The American Medical Women's Association
 - **Provider/Patient Communication on Sexual Health** Handout – The American Medical Women's Association
 - **Hormonal Contraceptive Counseling for Adolescents** Handout – the American Medical Women's Association
 - **The CDC STD Fact Sheet Websites** Handout – CDC Division of STD Prevention
16. **Abnormal Pap Smear** – 2 Hrs, 12/8/04, Alabama DOH

17. **Current Trends in Women's Health Care Update, 11/8-9/04**, Albuquerque, (Given by the UT Southwestern Women's Health Education Program and the New Mexico Family Planning Program):
 1. **Management of the Abnormal Breast Mass** - 1 Hr, 11/8/04, Carolyn Sutton, MS, WHNP, FAANP
 2. **HPV Infection** – 2 Hrs, 11/8/04, Sharon Myoji-Schnare, MSN, RNC, WHNP
 3. **Hormonal Contraception** – 75 Min, 11/8/04, Susan Rawlins, MS, WHNP
 4. **Hormones 101** – 1 Hr, 24 Min, 11/9/04, Carolyn Sutton
 5. **Emergency Contraception** – 45 Min, Susan Rawlins, **Infertility Services** – 45 Min, Carolyn Sutton, **Abnormal Uterine Bleeding** – 45 Min (Cont'd on next video), Susan Rawlins 11/9/04
 6. **Abnormal Uterine Bleeding** – (Cont'd from Previous video) 30 Min, Susan Rawlins, **Patient Selection for IUD** – 60 Min, Carolyn Sutton, 11/9/04
 7. **Mandatory Reporting Requirements and Title X Regulations** – 70 Min, Kathy Kunkel, NM Assistant Attorney General 11/9/04
18. **Young Father's Project** – 20 Min 2004
19. **New Mexico Teen Pregnancy Coalition: Media Presentation: Part 1- 2 Hrs, Part 2 - 50 Min**, Carol Cassel 12/2004
20. **Title X Making a Difference: Inspiring Staff About Family Planning** 15 Min, The Center for Health Training 2004
21. **2004 Family Planning Conference Day 1: FP Program Update** - Lynn Mundt 1 Hr, Client Centered Care Group 45 Min, HIV/STD Update - Bruce Trigg and Steve Jenison 2 Hrs, Diabetes, Obesity, and Counseling – Virginia Valentine 45 Min, Protocol Update – Margie Montoya 1 Hr
22. **Behavioral Obesity Treatment** – 1 Hr 30 Min, 2/22/05 Alabama Public Health Training Network
23. **10 Essential Services of Public Health: Moving From Abstract Ideas to Program Practice** – 1 Hr, 30 Min, 2/18/05 Alabama Public Health Training Network
24. **Postponing Sexual Involvement: Abstinence Counseling and Education** – 2 Hrs, 3/2/05 Alabama Public Health Training Network
25. **Contraceptive Technology Update** – 1 Hr 48 Min, 2/9/05 Alabama Public Health Training Network
26. **2005 Family Planning Conference** – 5/19-20/2005:
 1. **All Methods/All Options Counseling** – 65 Min, Debbie Vail
 2. **Violence** – 1 Hr 10 Min, Victor LaCerva
 3. **STD Update** – 4 Hrs, Steve Jenison and Bruce Trigg
 4. **Parental Involvement, School Based Health, Obesity Project (Part 1)** – 1 Hr 45 Min
 5. **Obesity Project (Part 2), Chief Nurse, Male Involvement** – 1 Hr 45 Min
27. **VAST Guidebook 2006 with CD ROM**, 30-60 Min, 1/2006
28. **Reporting Abuse CD ROM**, 1 Hr 30 Min with "Links that Work" Document, 1/2006
29. **Title X Orientation CD ROM**, 1 Hr 45 Min to 4 Hrs 1/2006

BOOKS AND MANUALS

ADOLESCENT SEXUALITY: Guides for Professional Involvement
Slide show

ADOLESCENTES COMO PADRES: LA JORNADA DE TU EMBARAZO Y EL NACIMIENTO DE TU BEBÉ
Jeanne Warren Lindsay and Jean Brunelli, PHN (1994)

ADVENTURES IN PARENTING: How Responding, Preventing, Monitoring, Mentoring and Modeling Can Help You Be A Successful Parent
National Institute of Child Health and Human Development and the National Institutes of Health

AN ASSET BUILDER'S GUIDE TO SERVICE-LEARNING
A Search Institute Publication (2000)

BUILDING ASSETS TOGETHER: 135 Group Activities For Helping Youth Succeed
A Search Institute Publication by Jolene L. Roehlkepartain

THE COMPLETE GUIDE TO SERVICE LEARNING: PROVEN, PRACTICAL WAYS TO ENGAGE STUDENTS IN CIVIC RESPONSIBILITY, ACADEMIC CURRICULUM, & SOCIAL ACTION
By Cathryn Berger Kaye, M.A, (2004)
Manual and CD-ROM with Customizable Forms and Supplementary Materials

EMERGING ANSWERS: Research Finding On Programs To Reduce Teen Pregnancy
By Douglas Kirby, Ph.D. (2001)

FATHER FACTS 4TH Edition
National Fatherhood Initiative (2002)

FIT, HEALTHY, AND READY TO LEARN
A school health policy guide by the National Association of State Boards of Education

GETTING MEN INVOLVED: Strategies for Early Childhood Programs
Families and Work Institute (1998)

HABLEMOS ACERCA DEL...SEXO: UN LIBRO PARA TODA LA FAMILIA ACERCA DE LA PUBERTAD
Lorri Foster and Sam Gitchel; Traducido por Jenny Rizo-Patrón (1997)

HANDS-ON SOCIAL MARKETING (1999)
A step-by-step guide by Nedra Kline Weinreich

THE HEALTH EDUCATOR'S GUIDE TO THE GALAXY OF FAMILY PLANNING
A self-directed workbook for family planning health educators, counselors, and nurses.
Compeer Inc. (1991)

IN THEIR OWN RIGHT: ADDRESSING THE SEXUAL AND REPRODUCTIVE HEALTH NEEDS OF AMERICAN MEN
The Alan Guttmacher Institute (2002)

INVOLVING MALES IN PREVENTING TEEN PREGNANCY: A Guide for Program Planners
The California Wellness Foundation and The Urban Institute (1997)

IT ALL STARTS AT HOME: Hispanic Parents Speak Out On Preventing Teen Pregnancy
A Focus Group Report by The National Campaign To Prevent Teen Pregnancy (2001)

THE KIDS GUIDE TO SERVICE PROJECTS: OVER 500 SERVICE IDEAS FOR YOUNG PEOPLE WHO WANT TO MAKE A DIFFERENCE

Barbara A. Lewis (1995)

MULTICULTURAL COUNSELING WITH TEENAGE FATHERS

A practical guide by Mark S. Kiselia (1995)

NEW EXPECTATIONS: Community Strategies for Responsible Fatherhood

Families and Work Institute (1995)

THE NEXT BEST THING: Helping Sexually Active Teens Avoid Pregnancy

The National Campaign To Prevent Teen Pregnancy (2000)

NOT JUST FOR GIRLS: The Roles of Boys and Men in Teen Pregnancy Prevention

A report from The National Campaign To Prevent Teen Pregnancy (1997)

OUR SEXUALITY

A Study Guide by Robert Crooks and Karla Baur (1990)

PEER POTENTIAL: Making The Most Of How Teens Influence Each Other

A report from The National Campaign To Prevent Teen Pregnancy (1999)

PERSPECTIVES ON HEALTHY SEXUALITY

LifeMatters (2000)

Abstinence: Postponing Sexual Involvement

Birth Control And Protection: Options For Teens

Dating And Sex: Defining And Setting Boundaries

Healthy Sexuality: What Is It?

Homosexuality: What Does It Mean?

Influences On Sexuality: Understanding Their Effects

Sexually Transmitted Diseases: How Are They Prevented

Sexual Readiness: When Is It Right?

Teen Fathers: Getting Involved

Teen Mother: Raising A Baby

Teen Pregnancy: Tough Choices

Teen Sex: Risks And Consequences

PERSPECTIVES ON RELATIONSHIPS

LifeMatters (2000)

Assertiveness: "How Can I Say What I Mean?"

Child Abuse: "Why Do My Parents Hit Me?"

Dating: "What Is A Healthy Relationship?"

Family Violence: "My Parents Hurt Each Other!"

Incest: "Why Am I Afraid To Tell?"

Parents: "They're Driving Me Crazy!"

Peer Pressure: "How Can I Say No?"

Sexual Harassment: "This Doesn't Feel Right!"

PREVENTING ADOLESCENT SEXUAL ABUSE

A teaching guide created for school districts and other agencies to use in developing and teaching sexual abuse prevention education programs at the secondary level. By Joan Krebill and Julie Taylor (1988)

QUÉ NECESITAN LOS NIÑOS PARA SER EXITOSOS? UN MÉTODO PRÁCTICO Y PROBADO PARA EDUCAR NIÑOS FISICA Y PSICOLÓGICAMENTE SANOS

Dr. Peter L. Benson, Judy Galbraith and Pamela Espeland (1999)

SAFE DATES

A dating violence prevention program consisting of three components: a play about dating violence; a nine-session dating violence curriculum; and a poster contest.
The University of North Carolina at Chapel Hill

TACKLING GAY ISSUES IN SCHOOL

A resource module including recommended curriculum, staff development activities, extracurricular activities and resources. Edited by Leif Mitchell (1998)

TAG YOU'RE IT! 50 Easy Ways To Connect With Young People

A Search Institute Publication by Kathleen Kimball-Baker (2003)

TEACHING HUMAN SEXUALITY

A guide for parents and other caregivers for the Vermont Department of Social and Rehabilitation Services (1998)

TEEN DADS: Rights, Responsibilities & Joys

Jeanne Warren Lindsay (1993)

TEENS FOR AIDS PREVENTION PEER EDUCATION PROGRAM

Guide to Implementing TAP (1990)

UNEQUAL PARTNERS: Teaching About Power And Consent In Adult-Teen And Other Relationships By

Sue Montfort and Peggy Brick (2000)

WALKING YOUR TALK: Building Assets In Organizations That Serve Youth

A Search Institute Publication by Neal Starkman (2002)

WORKING WITH FATHERS: METHODS AND PERSPECTIVES

The Minnesota Fathering Alliance (1992)

Location of References

The following is a list of references that should be available and accessible to all staff providing Family Planning services in your clinic. Please enter the location of these reference materials in the space provided so that all staff have access to them as needed.

District/Local Health Offices
(Complete Locally)

Location in LHO

Books:

Dickey, R.P., Managing Contraceptive Pill Patients
Current Edition

Hatcher, R.A., Contraceptive Technology
Current Edition

Hatcher, R.A., Managing Contraception Pocket Guide
Current Edition

Newsletter:

Contraceptive Technology Update
(monthly newsletter)

Manuals:

Family Planning Protocols

CLIA Laboratory Manual

Quality Assurance Manual

Current Medical Records Manual

Audiovisuals:

Contraceptive Choices: What Your Clients Need to Know

Current Approved ARHP All Contraceptive Methods (English & Spanish)**

Vasectomy

Tubal Sterilization

Standard Days Method of Cycle Beads

English to Spanish Glossary of FP Terms and AudioTape

EDUCATION AND COUNSELING

Refer to the current Contraceptive Technology for detailed information on male and female sterilization. Some clients may also benefit from reading Contraceptive Technology. Client targeted pamphlets on vasectomy and tubal ligation are available through the Office of Population Affairs (order form on page 4) as well as from Engender Health at www.engenderhealth.org or 212-561-8053.